

2024 GENERAL MEMBERSHIP



July meeting minutes

The monthly general membership meeting of the Electric Boat Athletic Club was held on Thursday July 11, 2024 by conference call and in person at the Waterford VFW.

Those unable to attend in person were invited to our ZoomGov meeting.

Jon Carr called the meeting to order at 7:01 PM

Moment of silence for all deceased EBAC members.

❖ Secretary's Reports – July's report was emailed, printed and available on line.

➤ **The June meeting minutes were corrected:**

❖ Financial Secretary's Report – these (correction: June report was read by Jon)

➤ Accept as corrected motion by Taylor Allen, Second: Ron Kadlecik

➤ No questions or corrections

➤ All in favor / opposed? So carried. (gavel bangs)

❖ Financial Secretary's Report – no July deposits to be read

❖ Treasurer's Report - reports will be caught up at future meetings

❖ Communications – Reported by the Secretary

➤ Nothing of interest

❖ Committee Reports:

EBAC Road Running Commissioner's Report by Dave Goodrich

Run to Home Base Fundraiser

On Saturday, July 27, 2024, at historic Fenway Park, Home Base and the Red Sox Foundation will host the 15th Annual Run to Home Base to raise funds for life changing, lifesaving care for Veterans, Service Members and their Families. This year, a united General Dynamics Team has been established with members from GD-BIW, GD-MS, MDA/UAW 571, GD-EB and Newburyport Bank. This unique 9K run or 5K walk or run goes through the city of Boston and ends with a once -in-a-lifetime experience of finishing the race by crossing Fenway's famed home plate.

Also it Qualifies for the "It All Counts" program metrics.

Here is our Team donation link: <https://runtohomebase.org/support/#GeneralDynamics>

And here is Jeff Carver's personal fundraiser link: <https://runtohomebase.org/support/#Jeff1964>

(any fundraiser incentives I win I raffle off to my donors: RTHB Red Sox ball cap, Game tickets, Red Sox vs Yankees tickets, etc...)

Reach out to Jeff Carver for the sign-up guide.

EBAC Corporate Races for 2024

Currently planned races this year, feel free to reach out with any other suggestions.

- New Haven Road Race (Half Marathon, 20K, 5K): September 2nd 2024 (Labor Day)
- Providence Downtown 5K: September 15th 2024
- EBAC Fall Challenge (4.75 miles): November 2024

Upcoming Local Road/Track Races

- Sun July 14th – Niantic Bay 10k – New London
- Sat July 20th – L&M Summer Stride 5k and 10k – New London



- Fri July 26th – Narragansett Blessing of the Fleet 10M – Narragansett, RI

EBAC Running Club on Strava

We have a Strava Club page [HERE](#) for those who are interested.

Group Activities

- Monday – 6:00 PM – Kelley’s Pace in Mystic
- Tuesday – 5:30 PM – Harp and Hound in Mystic – Free beer (Just Tip) afterward
- Tuesday Track Workouts – 6:00 PM – East Lyme High School
- Tuesday Track Workouts – 5:00 PM – Westerly High School
- Wednesday – 5:30 PM – April-October – Beer’d Silo in Groton – *Pay nominal fee to run for the season and get a beer included each week*
- Wednesday – 6:00 PM – Westerly Fun Runs – Parking in back lot at Pleasant View Inn, Westerly RI
- Wednesday – 6:00 PM – Billy Wilson’s in Norwich – Free beer (Just Tip) afterward
- Thursday – 5:30 PM – Sneaker’s Café in Groton – Free beer (Just Tip) afterward
- Thursday – 5:30 PM – Brazen Hen in Westerly – Free beer (Just Tip) afterward
- Thursday – 5 PM - Beer’d Brewing in Stonington – April-October - *Pay nominal fee to run for the season and get a beer included each week*
- Saturday – 8:00 AM – Kelley’s Pace in Mystic
- Sunday – 8:00AM – Avondale Farm Preserve in Westerly

If there are any fun runs or local road races I missed above, please let me know and I will add them in the future.

EBAC Road Cycling Club Commissioner's Report by Miles Whitford, read by Jon Carr

The road cycling club covered tons of miles this past month. We had decent turnout for our metric century ride on June 11th and 10 riders participated in the Long Island Century Ride on June 18th. We’ve now returned to our regularly scheduled program riding from Groton, New London, and Mystic, and doing our best to stay cool with the intense heat and humidity recently. We are considering another cycling kit order so that all of our new and existing members can represent EB while out on the road. A handful of new hires have joined the club in the past month and we’re hoping to welcome many more in the near future.

EBAC Floor Hockey Committee Report by Anthony Mikelonis, read by Jon Carr

The Floor Hockey season has concluded back in May. Harper’s Heroes (Purple) team beat Face-off Starring McCasey (Yellow) team in 2 games in the best of three series for the championship. Both games went into overtime and was very exciting watch. So, congratulations to Harper’s Heroes for winning this year’s championship!

Mike Long and I held the end of the season banquet at Washington Park in Groton on June 13. We had about 25 participates who attended from the floor hockey league. Mike enjoyed my Weber grill and he had cooked all the burgers, hot dogs, and sausages for us. We had folks playing Cornhole, Kan Jam, and Bocce yard games during the banquet for entertainment.

I want to thank all captains and players for making this season easy to manage and fun. Enjoy the offseason and we are looking forward to see what next season brings us!

EBAC Disc Golf Report by Aaron Logue read by Anita

EBAC Disc Golf finished its spring season on July 3rd after 3 weeks of playoffs. The EBAC Disc Golf committee would like to congratulate James Meiman and Joey Bacon for winning the Open and Handicap divisions, respectively. Registration is currently open for the Summer/Fall team-based season, which will be starting the week of July 22nd.

EBAC Ski and Snowboard Club Report Bryce Knight, read by Jon

The Ski and Snowboard club officers met on 6/24 to plan for the upcoming ski/snowboard season. The meeting was attended by all of the officers and several actions were assigned.

We have secured a reservation for our Jay Peak trip, January 17-20 2025, which coincides with the Martin Luther King holiday weekend. We are also working on placing a reservation for our annual trip to Smugglers Notch, tentatively scheduled for February 28 – March 2 of 2025.

Other weekend trips are being considered and the club officers are putting together a survey for members to gauge interested in the various destination options.

We are also looking into scheduling a “Learn to Ski” day at Otis Ridge Ski Resort in Massachusetts. The day would include group tickets, lessons and reservations and is intended to increase interest in the sport and our club.

We also discussed planning single day bus trips this year and investigating a collaboration with Avies Ski/Snow Sports in Westerly RI.

Our week-long trip to Japan is nearly full, with 49 people going. If anyone is interested in the trip, please contact Andy Stoddard or Bryce Knight. Details about the trip are posted to our website.

The club will have its first monthly meeting on September 19 at Outer Light Brewing Co. in Groton. Other monthly meetings will be on the third Thursday of each Month (adjusted to avoid Holiday conflicts). All meeting dates will be posted to the Ski/Snowboard club website.

EBAC Hiking Club by Christine Elliott

Last month the Hiking Club did two Backpacking trips: One was a beginner trip comprised of a single overnight on Bromley Mountain, we hiked up Bromley Mountain for the Full moon, it proceeded to storm and we had cloud cover for most of the night. Some of us were able to go out and see the moon for a brief period. The other was an advanced three-days two-night trip which hiked the Wildcat, Carter, Moriah Traverse in the New Hampshire White Mountains. This trip went well despite some rain on the first night. The club has secured two tenting sites at Blackwoods Campground in Acadia National Park: August 16-19. Cost is \$110 per person and includes a van rental plus gas for transportation, the tent sites, and a park pass. There are three spots remaining open for this trip email Taylor Allen tallen1@gdeb.com if you are interested in attending. We will be doing another Acadia trip sometime early this fall.

Additionally in Cross Club News:

The cross club overnight kayaking trip was a success with 8 people attending and three staying overnight. I hope to do similar trip in the future with the canoe and kayak club & hiking clubs.

- ❖ Old Business
 - Nothing discussed

- ❖ New Business
 - Nothing discussed

Good of the Club

- Submitted 2023/2024 budget request. Jon sent an email to commissioners. Our check was already written.
- Financial Secretary reported sparse information from league commissioners season dates/per team/player cost, Roster, necessary to keep clubs funded
- We welcomed a couple of newcomers:
 - Tal Prottas
 - Sean Du
- BOD meeting next week



Roll Call *Regular monthly meeting - A quorum shall consist of at least five members of the Board of Directors, of which at least two must be officer. A quorum was reached*

Present:

OFFICERS:

Carr, Jon	
Elliott, Christine	
Kaiser, Anita	
King, Gregory	absent
Gonski, Pamela	

BOARD OF DIRECTORS

Aven, Matthew	
Casey, Matthew	
Crouch, Andrew	absent
Goodrich, David	
Green, Chris	
Karavolis, Steven	absent
Knight, Bryce S	
McCool, Brandon	
Mikelonis, Anthony	absent
Smith, SR, Brentt	
Allen, Taylor	
Whitford, Miles	absent
Martinez, Harry	
Page, Judi	

- Motion to adjourn Dave Goodwin @ **7:28 PM**:
There was a second: Thol Trottas
So carried. (gavel bangs)

- Minutes submitted by Anita Kaiser