



## 2025 GENERAL MEMBERSHIP



### July meeting minutes

The monthly general membership meeting of the Electric Boat Athletic Club was held on Thursday, July 10, 2025 by conference call and in person at the Waterford VFW.

Those unable to attend in person were invited to our *Microsoft Teams* meeting.

President Jon Carr called the meeting to order at 7:00 PM

Moment of silence for all deceased EBAC members.

#### Secretary's Report – June's report

- Accept reported motion by – Judi Page; seconded by Taylor Allen
- No questions or corrections
- All in favor? yes                      So carried. (gavel bangs)

Financial Secretary's Report – Pam read the Financial Secretary's reports for the months of March 2025 to June 2025.

#### Treasurer's Report – Brandon McCool read the Treasurer's report for the month of June 2025.

- Accept reported motion by – Taylor Allen; seconded by – Steve Karovolis.
- No questions or corrections
- All in favor? yes                      So carried. (gavel bangs)

#### Communications

1. EBAC President Jon Carr was contacted by the Executive Branch Director (Yolla El Khoury) of the Ocean Community YMCA – Naik Family branch in Mystic CT. Yolla expressed interest in a partnership with the EBAC. After a lengthy discussion, Jon put Yolla in contact with the EBAC office administrator to work through the details of an offered membership discount to the YMCA of 10%. Yolla also expressed interest in the YMCA hosting a Pickle Ball league. Jon explained that would require an EBAC member stepping forward to champion a club or league there and the discussion was tabled pending an eventual champion.
2. EBAC President Jon Carr was contacted by the EB Government Liaison Staff Specialist Ross Gionfriddo, about a teaming effort between EB and the “new” New London Community Recreation Center where they are looking to gain both interest in the center and generating supplemental operating income through the offering of space in support of club and league activities. Jon expressed interest to Ross and asked for more information and contact info at the facility. After Jon evaluates the details for what the center is offering, he will pass that information on the clubs and leagues that might benefit from use of the center.

## Committee Reports

### **EBAC Varsity Running/Running Club by Dave Goodrich**

In the second race of the season, EBAC had a strong showing in a very competitive field up at the JP Morgan Corporate Challenge in Boston on June 18th. From the field of 4260 finishers, Andrew LePage led the team with a 26th place finish in 19:37 for the 3.5 mile race. Second was Jared Dybas in 54th with 20:37 followed by Matt Sweeney in 58th with 20:40, and Michael Tamul rounding out the team in 62nd with 20:46. Our top female finisher was Kendra Miller in 30:17. The team also had great performances by Ryan Murdoch, Sean Du, Mike Stadolnik, Tucker Branson and Mike Fleming. Team results are pending and will be announced in the coming weeks.

Next up the club will be running on Labor Day (Sept. 1st) at the New Haven Road Races which include distances of 5k, 20k, and Half Marathon. Then a couple weeks later is the Providence Downtown 5k, then in November the EBAC Fall Challenge.

### **EBAC Hiking Club Report by Christine Elliott**

Hiking club is warming up for the summer with several trips and hikes being planned. Our Friday Night Hikes are going strong with attendance averaging in the low teens.

This weekend is our first beginner backpacking overnight of the year. Hikers will meet Saturday at Green Falls Pond parking lot in Voluntown, then hike five (5) miles to the Peg Mill Backpacking Shelter where they will stay overnight Saturday before hiking another five (5) miles back to their cars Sunday morning.

Other upcoming events with the club:

- Overnight Paddle Trip with Canoe & Kayak Club:
  - An 11-mile paddle down the Wood River in RI, includes several portages and an optional overnight stay in Phantom Bog at a remote paddle site.
- Erie Canalway Bikepacking Trip:
  - August 11-19 starting in Buffalo and ending in Albany, NY. It's a 360 mile bike trip. The hike will be led by John Roy (retiree)
- SOLO Wilderness First Aid Course:
  - Back by popular demand! This will be our second WFA course hosted this year. This is a 16-hour weekend course (August 16-17) taking place at the Groton Sportsman Club. RSVP by July 23, 2025. Price will be approximately \$230-\$260 a person.
- Acadia Long Weekend Camping & Hiking Trip:
  - Drive up Friday September 5th, camp and hike in Acadia National Park in Maine Friday-Sunday, and then drive back to Groton Monday September 8. Cost for this trip is typically around \$100 per person and includes van rental, gas, and campsite for 3 nights.

Events the Club held in June:

- Beginner Backpacking Class – 10 Attendees
- Pemigewasset Wilderness Backpacking Trip in the White Mountains of NH – 5 Attendees
- Club Gear Swap/Sale – 11 or 12 Attendees – Would like to do another one this fall

Anyone interested in joining the Hiking Club can reach us at our new club email: [EBAC\\_HC@gdeb.com](mailto:EBAC_HC@gdeb.com)

**EBAC Disc Golf league by Aaron Logue**

EBAC Disc Golf has concluded its Spring season. It was a great success this year! We had a large number of return players, and quite a few new ones as well. I congratulate Matt Jones and Jed Carty, both long time members of the league, for getting their first playoff wins in the Open and Handicap divisions, respectively. A banquet and awards ceremony is being planned for the league. In two weeks, we'll be starting our summer/fall season. This year we're playing best shot doubles, with players able to choose their own season-long partners. With signups only being open for 3 days we already have 40 participants, and are looking forward to welcoming many more.

I would also like to congratulate league members Jacob Pfeiffer and Keith Wood for winning the Professional Disc Golf Association (PDGA) sanctioned tournament, The Solstice at Dragonfly, in the Mixed Amateur (MA) 1 and MA4 divisions, respectively. EB Disc Golfers are starting to participate in PDGA sanctioned events with increasing frequency, which is a great experience.

**EBAC Billiards Club Report by Brandon McCool**

The EBAC Billiards League has concluded. Congratulations to playoff and regular season winners. Thank you for another great year.

A Division – John Vitale

B Division – Kyle Bognatz

C Division – Humberto Romero

D Division – Abdullah Farhad

A Division – John Vitale 27-3

B Division – Bill King 22-11

C Division – Betsy Fisher 19-11

D Division – Mike Strapazon 12-8

Our awards banquet was held on June 25th at Gold Crown Billiards in New London. Food was catered by Recovery Room and this year our annual single elimination tournament was won by Betsy Fisher over Kyle Bognatz. The league is anticipated to start back up again in mid-October. In the off-season, a new 8-ball league will be offered. Please reach out to Brandon McCool for more information on either league.

**EBAC Retiree Club Report by Ron Kadecik**

The Retiree Club picnic is being held for August 14, 2025.

**EBAC Basketball League Report by Ian Lawrence**

EBAC Basketball Banquet is being held July 17, 2025 at Washington Park, Groton CT.

### **EBAC Varsity Hockey & Hockey Club Report by Jon Carr**

EBAC Groton VS QP Hockey Tournament, Dates: 8/2 and 8/3

Five (5) team tournament featuring EBAC varsity, two (2) EBAC club hockey teams, QP A, and QP B. Ten (10) games total and each team plays each other once. Grilling and lawn games to occur throughout the day with people welcome to stay after the last game to chill for a bit longer. Approximately 70 total players.

Games go from 12 pm to 6:40 pm on Saturday and 9 am to 3:40 pm on Sunday.

### **EBAC Excursion Club Report by Maxine Cote**

We are currently selling tickets to Red Sox Vs. Pirates on August 30th, tickets are \$81.00. We have had very little interest. Hilary has secured a discount for us at Great Wolf Lodge August 18-22, overnight stays will be \$150. We are “planning to go to see the Rockettes Christmas show November 15th and a shopping trip, but that is in the planning stages.

### **Old Business**

1. The Company contribution of \$64K was received.
2. The outdated EBAC awards listing has been updated and posted to the website. ACTION COMPLETE.
3. For those who post flyers, please expand your posting areas.
4. We will be advertising the yearly dues increase for 2026 from \$2.00 to \$5.00.

### **New Business**

EBAC Hiking Club Proposal – Christine Elliott

Due to the nature of the Hiking Club’s activities, namely hiking and backpacking; club members and hike leaders are sometimes miles out in the woods or wilderness without cellphone service and with only what we brought in our packs to sustain us. For participant safety Jon Carr and Christine Elliott have discussed first aid training for the Hiking Club’s Active Hike Leaders. The Hiking Club currently has seven (7) or eight (8) active hike leaders.

Hiking Club is requesting that our active Hike Leaders complete one of the following courses: A certified American Red Cross CPR/AED First Aid course or a certified SOLO Wilderness First Aid Course. The Red Cross course is a very basic first aid course that takes a couple hours and focuses on bleed stop and CPR/AED use. The SOLO course is a more comprehensive 16-hour course taught over two (2) days that provides a more wilderness targeted training.

Upon successful completion of these courses Hike Leaders will receive a two (2)-year certification.

The American Red Cross Course will cost Hike Leaders \$100 out of pocket. The SOLO course will cost Hike Leaders \$230-\$260 out of pocket; **I would like to make a motion that the EBAC reimburse each leader \$50 upon successful completion of one of these courses.**

Similar proposals have been made the past two (2) years we were able to get our (4) Hike Leaders reimbursed for completing the American Red Cross CPR/AED First Aid course. In the future, the Hiking club is hoping to have a small budget to cover these expenses.

Approximately 400 Club Members  
50 or so Active Members  
7 or 8 Active Hike Leaders

Motion to bring forward to Board of Directors by – Christine Elliott seconded by – Taylor Allen.

President Jon Carr amended the motion to include leaders of other outdoor style clubs for the \$50 reimbursement

All in favor? yes      So carried. (gavel bangs)

### **Good of the Club**

1. The Yearly President's e-mail to all commissioners coming out soon.
2. The Jiu Jitsu Club Commissioner, Deanna Deyhim, is injured and out of commission for four months.
3. July's Board of Directors Meeting to be held at Jon's house on July 15, 2025.
4. Please help promote the joint EBAC & EBMA Six Flag Trip
5. EBAC President Jon Carr, EBAC Vice President Christine Elliott, and Public Affairs Communications Rep Sydney Rae Davies met on July 10, 2025 to discuss EBAC's options for distributing the EBAC Monthly and other EBAC Communications within existing EB Communications Infrastructure.

#### **Options Discussed:**

- Homeport – Bulletins
  - Provides an easily accessible location on Homeport (right side all the way at the bottom) for links to communications released by various organizations and departments within EB. Design and Engineering BWIB, Leadershift Newsletter, Operational Security Newsletter, to name a few.
  - Will be adding the EBAC Monthly to this collection of bulletins
- EB Landing – eblanding.com
  - This is a website that is accessible with both personal and work devices that provides information to EB employees without work computer access. Already has a link on the main page for the EBAC website.
  - Will be able to have a banner on this website announcing the EBAC Monthly with a link to the pdf.
- Gate Distribution Boxes
  - These are located just inside of the Groton North and South Yard Gates and have been used to distribute printed newsletters. Pre-COVID these were also used to distribute printed EBAC Monthly. This was the EBAC's main communication line with yard workers who do not have work computer access. Quonset Point also has a couple of these which we may branch out to use in the future after getting Groton situated.
  - Will be able to utilize these similar to how we have in the past with printed EBAC Monthly's.
- EB TV's
  - These are located around EB locations in high visibility areas. New London 2nd Floor, Building 88 outside the Cafeteria and Elevators, Groton Wetdock Café, and approximately 30 other locations in the Groton Shipyard.
  - Club Event PowerPoints sent to Vice President Christine Elliott are approved and sent in to be added to these. The slides are kept up for 10-15 seconds and on an approximately five (5) minute rotation.

### Good of the Club (cont'd)

Jon Carr and Christine Elliott decided to focus on producing an EBAC Monthly to distribute digitally via Homeport Bulletins, EB Landing, and the EBAC Website for the first few months before branching out to a printed version that will be distributed at the Groton Gate Boxes.

6. Pam Gonski stated Wayne Washington's Retirement Party is at Par Four tonight.

Roll Call Regular monthly meeting - A quorum shall consist of at least five members of the Board of Directors, of which at least two must be officer. A quorum was reached

OFFICERS		
President	Jon Carr	Present
Vice President	Christine Elliot	Present
Secretary	Chris Green	Present
Treasurer	Brandon McCool	Present
Financial Secretary	Pam Gonski	Present

BOARD of DIRECTORS			
Steve Karavolis	Present	Greg King	Absent
Matthew Casey	Absent	Anthony Mikelonis	Absent
Matthew Aven	Absent	Andrew Crouch	Absent
Bryce Knight	Absent	David Goodrich	Present
Miles Whitford	Excused	Taylor Allen	Present
Brentt Smith Sr	Absent		
RETIREEES			
Judi Page */#	Present	Harry Martinez */#	
		Lynn Gaul *	
(*) Past President		(#) Retiree	

- Motion to adjourn @ -- 8:29 PM  
There was a motion to adjourn by – Steve Karavolis; seconded by – Judi Page  
So carried. (gavel bangs)
- Minutes submitted by Secretary Chris Green

Others in attendance

<u>Name</u>	<u>Badge</u>	<u>Club</u>
Aaron Logue	160714	Disc Golf
Maxine Cote	138782	Excursion
Matt Noll	146047	Racquetball
Bill Thayer		Retiree
Frank Rossi		Retiree
Gary Cill		Retiree
Paul Cavanagh		Retiree
Ron Kadecik		Retiree